DEEP ALPHA 2.0

BRAINWAVE ENTRAINMENT MUSIC

STEVEN HALPERN

Bamboo Flute and Keyboards
For Meditation and Healing

STEVEN HALPERN is a Grammy® nominated, *Billboard* charting, multi-platinum selling recording artist, composer, producer, researcher, sound healer, and author.

His atmospheric compositions pioneered a new genre of mindful meditation music with his first recording, CHAKRA SUITE.

Halpern is currently celebrating his 40th anniversary (1975-2015) as a founding father of New Age music, and his DEEP ALPHA was a 2012 Grammy® nominee.

"One of the 12 most influential artists of the past 20 years... Steven Halpern is the *first and definitive* New Age keyboardist."

— *Keyboard* magazine, 1995 profile

Landmark brainwave biofeedback and aura photography research in 1973 documented that Halpern's Non-Predictive™ mindful compositions were significantly more effective at evoking the listener's relaxation response and *alpha* and *theta* brain states than most traditional classical music.

Steven's relaxing and healing music is used worldwide in leading health and healing centers, corporate wellness programs, destination spas, schools and homes.

Visit: StevenHalpern.com & YouTube.com/StevenHalpernMusic

About the Music and the Musicians

The ***shakuhachi*** is an end-blown flute tracing its origins to 12th century China and Japan. With only five holes, the shakuhachi can play up to 83 different notes and create an array of sounds unrivaled by any other acoustic instrument.

It was used by monks and samurai in the practice of Zen meditation, Sui-Zen or blowing meditation. The music was composed and played to achieve stillness of mind, connection with nature, and for the higher purpose of achieving enlightenment of all sentient beings.

As Nyogetsu writes, **"If you find the perfect sound, you can create and spread beauty, serenity, and enlightenment. Every time you play the shakuhachi, you are helping to engender world peace."**

Traditional performances feature tonal nuances and quarter tones that may sound out of tune to some ears. These skilled artists are able to adjust their technique to attune to standard Western intonation.

The ***bansuri*** is an ancient side-blown bamboo flute revered as Lord Krishna's divine instrument. For 2,000 years, it was primarily used in folk music, but was added to traditional Indian classical music in the early 20th century, popularized by G.S. Sachdev.

Read more about the benefits of healing music and of spending quality time each day in the *alpha* brainwave state: StevenHalpern.com/DeepAlpha

Music and Mindfulness

For over 40 years, I have composed contemporary music with the intention of promoting mindful meditative awareness.

Most music hooks you into unconsciously analyzing and predicting where the music is going. This keeps you in a constant state of stress, anticipating the future. **Mindfulness, meditation and relaxation can only occur in the present moment.** — Steven Halpern

The healing tones of the Rhodes electric piano (*not* synthesizer, but essentially a series of tuning forks played with a keyboard) creates a timeless blend of ancient and modern instruments never before recorded together!

JORGE ALFANO (JorgeAlfano.com) is an Argentinian born sound healer, and a master *shakuhachi* and *bansuri* player, as well as *bass, oud* and *koto*.

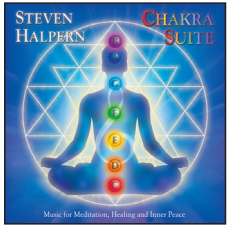
RONNIE NYOGETSU REISHIN SELDIN (Nyogetsu.com) holds two grand master titles, the only American to be so honored, and teaches and tours internationally

SCHAWKIE ROTH (SchawkieRoth.com) is one of the lesser known pioneers of New Age music and a master flute and sax player.

You'll enjoy Steven's best-selling CDs for meditation & inner peace:

Chakra Suite

IPM 8000



Sound Healing

IPM 7878

Deep Alpha

IPM 8048

Crystal Bowl Healing

IPM 8052

Mindful Piano

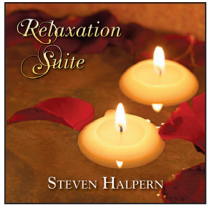
IPM 8092

Crystal Bowl Healing

IPM 8052

Relaxation Suite

IPM 8033

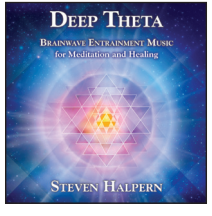


Gifts of the Angels

IPM 7855

Deep Theta

IPM 8047



Listen to audio samples at: StevenHalpern.com

1. Deep Alpha 2.0 (Pt 1)	4:54	8. Deep Alpha 2.0 (Pt 8)	4:11
2. Deep Alpha 2.0 (Pt 2)	5:05	9. Deep Alpha 2.0 (Pt 9)	6:15
3. Deep Alpha 2.0 (Pt 3)	6:51	10. Deep Alpha 2.0 (Pt 10)	4:15
4. Deep Alpha 2.0 (Pt 4)	6:30	11. Deep Alpha 2.0 (Pt 11)	5:28
5. Deep Alpha 2.0 (Pt 5)	3:54	12. Deep Alpha 2.0 (Pt 12)	6:14
6. Deep Alpha 2.0 (Pt 6)	5:25	13. Deep Alpha 2.0 (Pt 13)	7:25
7. Deep Alpha 2.0 (Pt 7)	6:30		

Produced by Steven Halpern

Steven Halpern: Rhodes Mark 7 electric piano, additional keyboards

Jorge Alfano: 1.8 and 2.4 Shakuhachi and Bansuri

Tracks 1, 2, 3, 6, 8, 10, 11, 13. Composed by S. Halpern & J. Alfano, Published © Open Channel Sound Company (BMI) and Jorge Alfano (BMI)

Ronnie Nyogetsu Reishin Seldin: 1.9 Shakuhachi. Track 7

Composed by S. Halpern & R. Seldin, Published © Open Channel Sound Company (BMI) and Kisuian Music (ASCAP)

Schawkie Roth: Bansuri. Tracks 4, 5, 9, 12

Composed by S. Halpern (BMI) & Schawkie Roth, Published © 2013, 2015 Open Channel Sound Company (BMI) and Inner Mountain Music (ASCAP)

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Recording Engineer: Warren Dennis Kahn, Banquet Studios, Sebastopol, CA
Additional recording at Sacred Sounds Studios, Hollywood, FL

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STEVEN HALPERN • DEEP ALPHA 2.0 IPM 8088

"Halpern's 'Next-Gen Music for Mindfulness™' makes it easy to shift gears into *the Alpha Zone* and to be *at peace in the present moment.*" — *Leading Edge Review*

Ancient and modern sound healing instruments, played by these four master musicians, create a timeless tapestry that tunes your brain to the key of inner peace.

The meditative tones of ***shakuhachi*** and ***bansuri*** bamboo flute are featured in consort with Halpern's heavenly Rhodes electric piano and other ethereal keyboards.

The soulful melodies played by **Jorge Alfano, Ronnie Nyogetsu Reishin Seldin** and **Schawkie Roth** effortlessly transport you into a higher octave of mindful awareness.

Aural-Sync™ sonic technology is added to gently *entrain your brain* to the deep *alpha* (8 Hz) frequencies associated with meditation, oneness consciousness and inner peace. All you have to do is listen!

STEVEN HALPERN is a GRAMMY® nominated bestselling recording artist, composer, producer and researcher. He is recognized as the founding father of New Age music and modern sound healing

StevenHalpern.com

1975 40th ANNIVERSARY 2015

HALPERN INNER PEACE MUSIC®

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New Age/ Brainwave

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